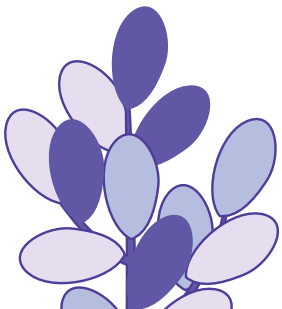
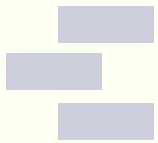


SENIORS BASIC SAFETY GUIDE

Seniors can find many benefits in engaging in the online world as long as they stay safe. This workbook has tips and guides to ensure you are always protected online.



Why Do Seniors Go Online?

These are the common reasons why many elders are increasingly using the internet:

- ✓ Participating in cultural and social activities
- ✓ Connect with friends and family
- ✓ Getting medical help from doctors
- ✓ Online banking and shopping
- ✓ Research



Safety Tips

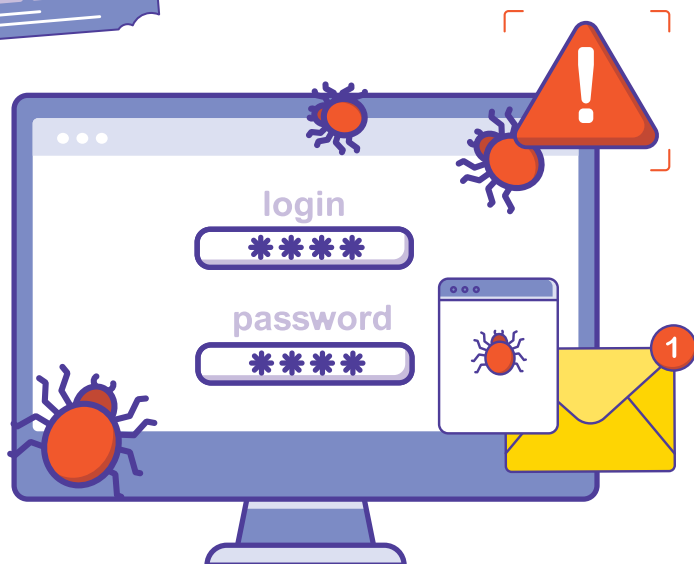
Make sure these basic privacy tips are observed when you are online.



- Use strong, unique passwords.
- Customize privacy settings.
- Choose what you post.
- Do not click suspicious apps and links.
- Report abuse.

Common Online Scams

There are many scammers around the internet, so keep an eye out for these fraudulent signs.



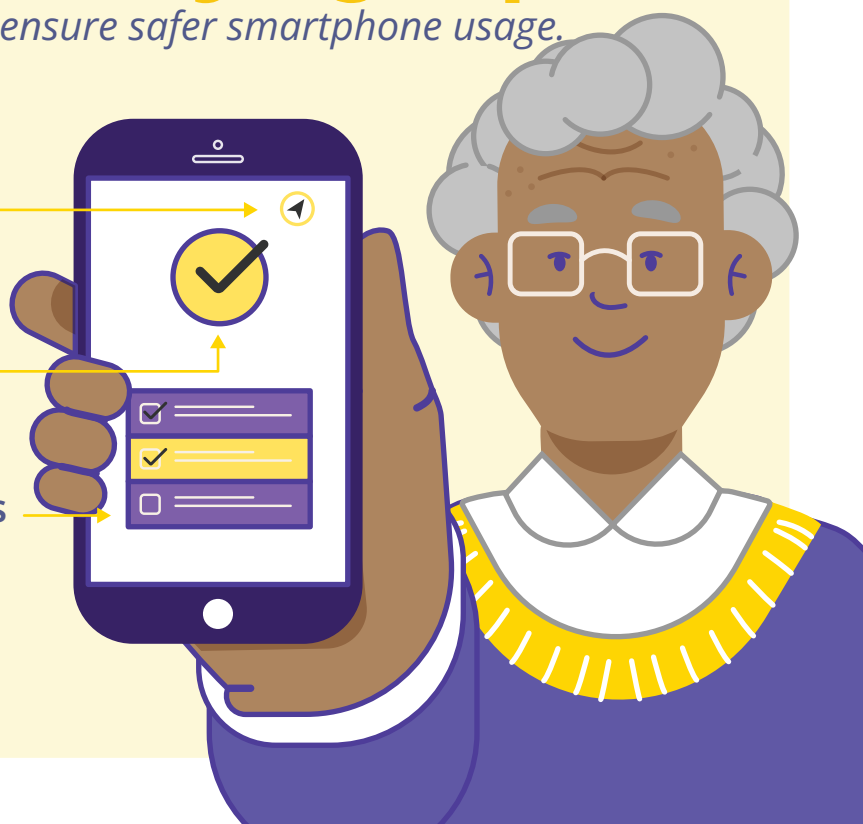
- Infected computer scam
- Online dating scam
- Personal emergency scam
- Banking related scam

If you happen to find yourself scammed, here's what you should do.

Smartphone Safety Tips

Here's what you can do to ensure safer smartphone usage.

- ✓ Turn off your location.
- ✓ Download safe apps only.
- ✓ Be careful of the permissions you give to apps.



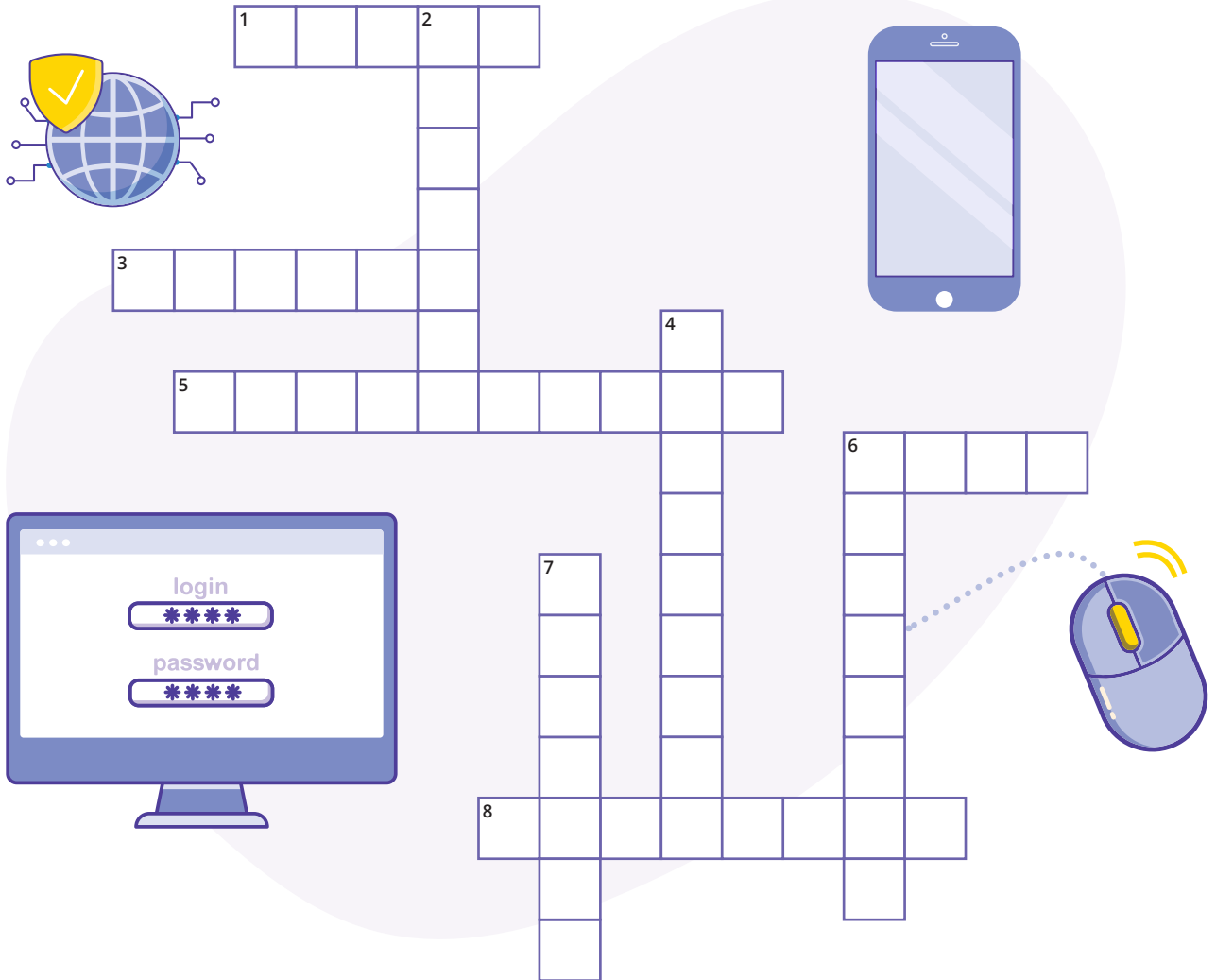
Final Tips

- Always use long, unique and strong passwords for all your accounts.
- Ask for assistance from someone you trust.
- Beware of scams, fake news, and frauds.
- If something doesn't seem right, go with your instincts.
- Use anti-virus on your devices.
- Report suspicious activity immediately.



Crossword Puzzle

*Congratulations! You now know the basic guides to stay safe online.
Answer this crossword puzzle to put what we learned to practice.*



ACROSS

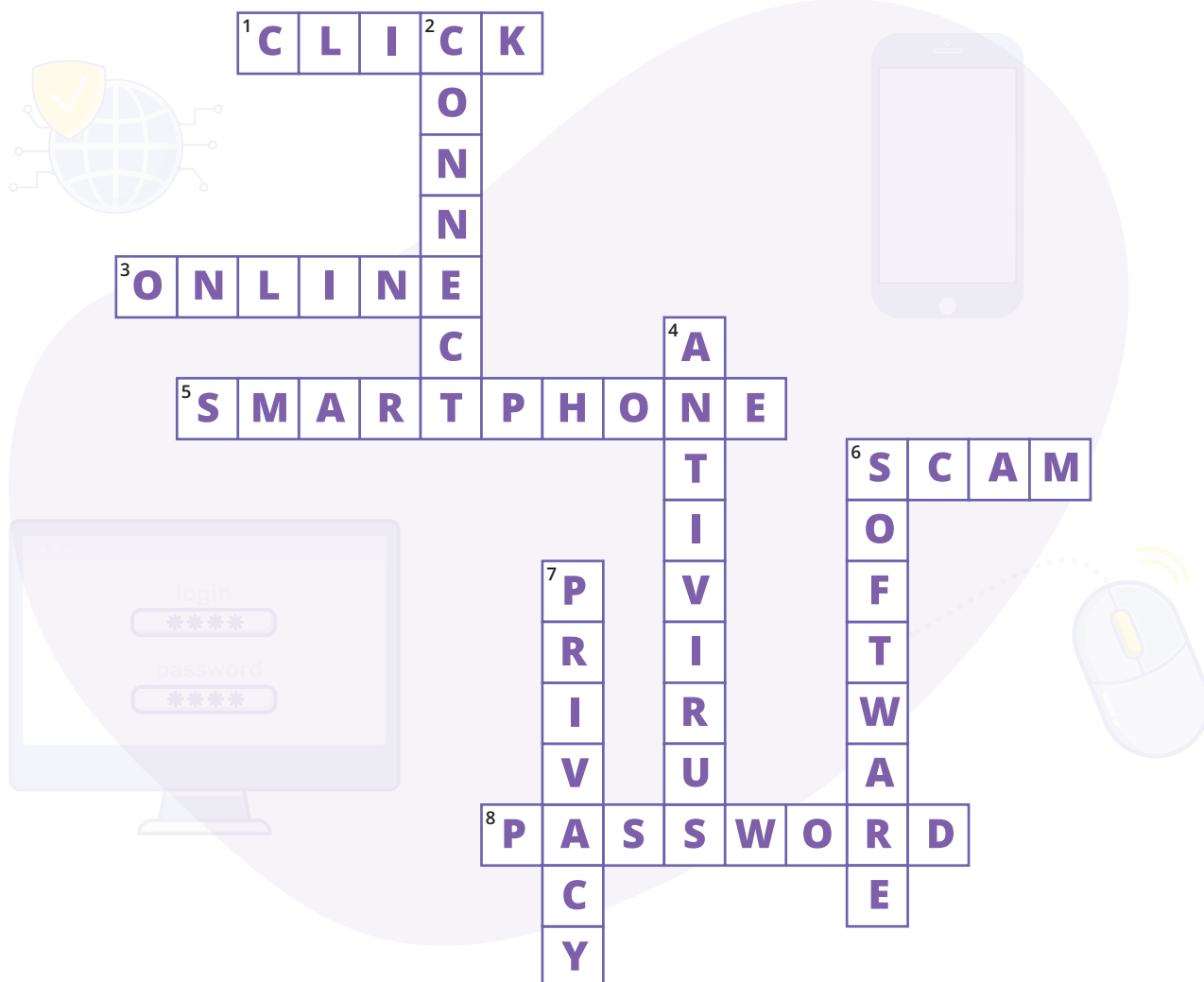
- 1 This is what you do to open a link
- 3 when you access the internet, you are _____
- 5 a device you can carry around and install apps
- 6 Fraud
- 8 they must be long, strong and unique

DOWN

- 2 one of the advantages of using the internet
- 4 software that prevent viruses
- 6 applications you can download on your computer
- 7 keeping your information private online

Crossword Puzzle

Answers



ACROSS

- 1 This is what you do to open a link
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DOWN

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