MYMOVE™

Internet Safety Resources

This is just the beginning of what you need to know about internet safety. It's so important to be vigilant, especially now when everyone is practically living on the internet. Making sure you're aware of online activity, as well as common scams, can keep you and your loved ones protected. **Check out some of these resources to learn more**:

For kids and parents

1. The FTC's website has plenty of resources for parents and educators, as well as more for kids to prevent cyberbullying and internet dangers: **https://www.consumer.ftc.gov/features/feature-0038-onguardonline**

2. A Platform for Good has guides for both parents and children to help them stay safe online: **https://aplatformforgood.org/**

3. The Cyberbullying Resource Center stays up to date with current online threats and has even tailored their guides toward COVID-19: **https://cyberbullying.org/**

4. Common Sense Media has a curated list of further resources for students, parents and teachers: **https://www.commonsense.org/education/articles/23-great-lesson-plans-for-internet-safety**

For adults

1. The National Cyber Security Alliance has a wealth of information for staying safe from online dangers: **https://staysafeonline.org/get-involved/**

2. Connect Safely has a section dedicated to helping seniors learn what to watch out for online: **https://www.connectsafely.org/seniors/**