

Alzheimer's Home Modification Checklist

Kitchen

- Remove small rugs
- Label hot and cold water knobs
- Use dishes and placemats in contrasting colors
- Remove artificial fruits and veggies
- Install automatic shutoff on appliances
- Add childproof locks and latches

Bathrooms

- Apply no-slip traction stickers/ mats in the bath and shower
- Lock the medicine cabinet
- Install grab bars
- Remove door locks
- Remove small rugs
- Secure bath mat

Living room

- Clear away/ secure loose cords
- Remove small floor rugs

Bedroom

- Install night lights
- Set up a monitor
- Add seating/ resting spots
- Place extra mats near bed

Outdoors

- Block off the pool
- Keep doorways clear of clutter
- Lock up hazardous chemicals

General home safety

- Post emergency phone numbers
- Install smoke alarms and carbon monoxide detectors
- Mark the doors (push/ pull/ glass)
- Place tape on edge of stairs